

Inside Out Loud

Guide to community events
exploring women's health

Organized in conjunction with the exhibition

INSIDE OUT LOUD: VISUALIZING WOMEN'S HEALTH IN CONTEMPORARY ART

Mildred Lane Kemper Art Museum, Washington University

January–April 2005

Inside Out LOUD

Guide to community events exploring women's health

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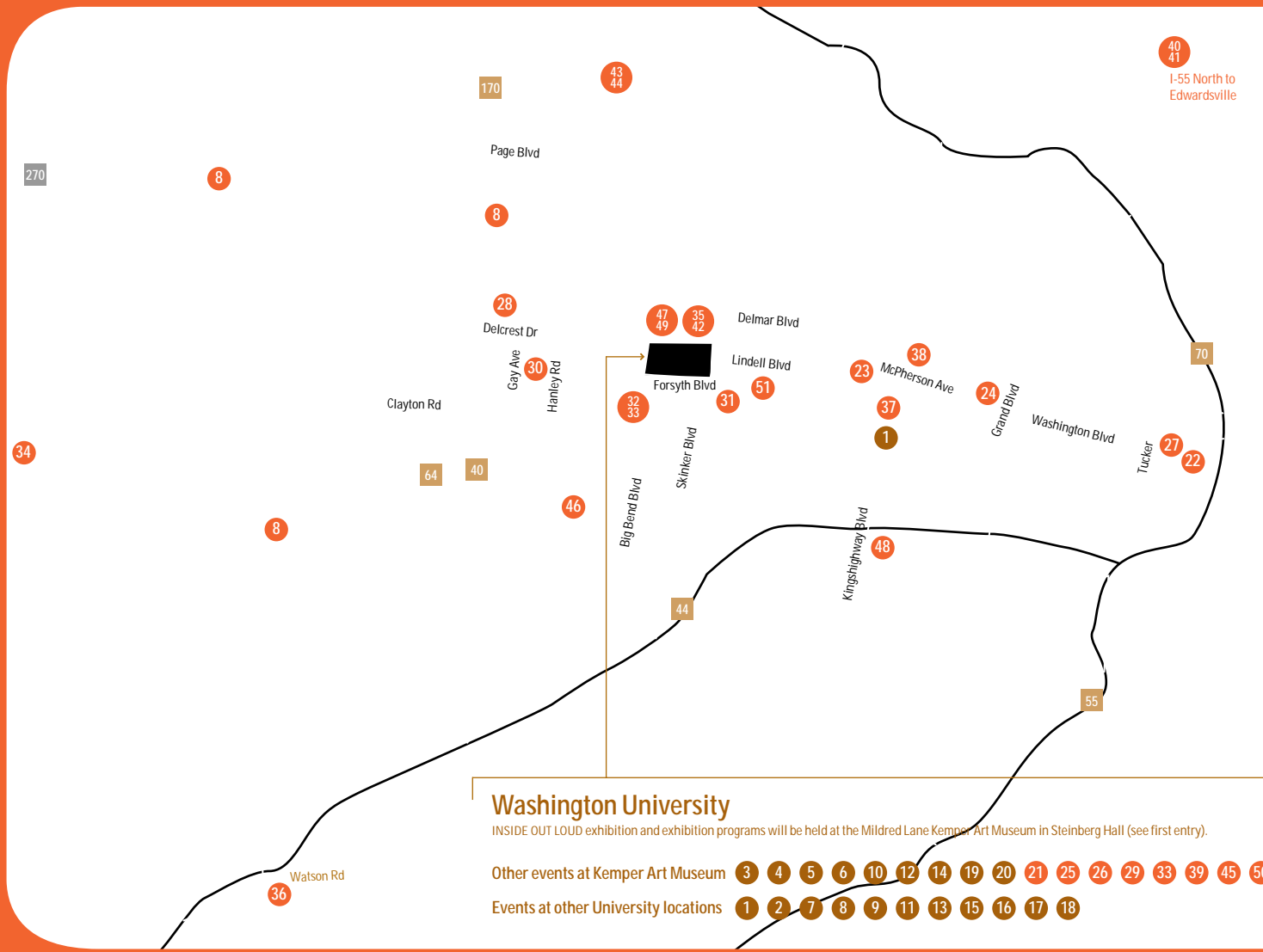
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Welcome

From January 21 through April 24, 2005, the Mildred Lane Kemper Art Museum at Washington University presents *INSIDE OUT LOUD: VISUALIZING WOMEN'S HEALTH IN CONTEMPORARY ART*, the first significant nationwide survey of contemporary American art to explore critical issues related to women's health. Over two years ago, we began discussions with individuals throughout the metropolitan area about using the exhibition as a catalyst for a community-wide, organized effort to explore issues addressed in the exhibition. The response was further-reaching than we had imagined: more than 25 organizations, both on and off the Washington University campus, have come together to present over 60 public programs, ranging from art exhibitions, to lectures, to cooking demonstrations, to health screenings and beyond. During the months of January through April in 2005, not a week will go by without some kind of program touching on the topic of women's health.

Over the past several decades, the term "women's health" has become not only a specialized field of research, treatment, and care for women within the medical community, but also a cultural and political force. Both in the *INSIDE OUT LOUD* exhibition and in the related programming, various aspects of women's health are explored from a range of perspectives. While the exhibition addresses issues of women's health in terms of representation and visual art, other programs delve straight into political, medical, or social aspects of women's health.

This guide, and the incredibly rich range of programs contained within it, would not have been possible without the enthusiasm, hard work, and support of numerous individuals and organizations throughout the St. Louis community. On behalf of the Mildred Lane Kemper Art Museum, I thank all our programming partners who have attended meetings, talked with colleagues, and lent their energy and expertise to this undertaking that I like to think will have a broader impact than any one of us could have achieved alone.

Mark S. Weil
Director
Mildred Lane Kemper Art Museum

Funding for this guide was provided by the Regional Arts Commission and individual contributors to the Mildred Lane Kemper Art Museum. Sponsors of individual events are acknowledged separately.



Founded in 1881, the Mildred Lane Kemper Art Museum (formerly the Washington University Gallery of Art) is one of the leading university art museums in the country. It exhibits works from the University permanent collection, special loan exhibitions, and faculty and graduating student shows. Through its exhibitions and programs the Kemper Art Museum encourages discussion about the meaning of art and culture to contemporary life. The Museum is committed to furthering critical thinking and visual literacy within the University and the larger St. Louis community.

Parking

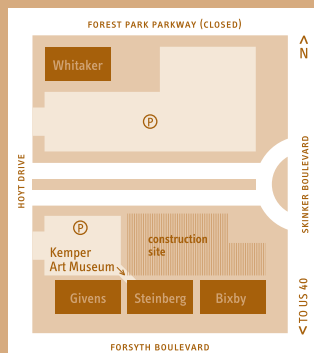
Free one-hour parking passes are available at the Museum information desk during daytime hours. Parking is free and no pass is required for evening and weekend events.

Location

The Mildred Lane Kemper Art Museum is located in Steinberg Hall near the corner of Skinker and Forsyth Boulevards.

During construction of the Sam Fox Arts Center, parking is available on the west side of the construction site, directly in front of Givens Hall. Additional parking is available in the lot north of the construction site near Whitaker Hall.

Pedestrian access to the Museum is from the ramp located between Steinberg and Givens Halls.



Steinberg Hall, Washington University in St. Louis
Campus Box 1214, One Brookings Drive, St. Louis MO 63130
314.935.4523, kemperartmuseum.wustl.edu

Inside Out Loud

Visualizing Women's Health
in Contemporary Art

Tue–Thu, 10 am–4:30 pm

Fri 10 am–8 pm

Sat–Sun, 12–4:30 pm

Closed Mondays, University holidays

Admission free

January 21–April 24, 2005

The female body is possibly the most common subject in the history of art, yet it was not until the past few decades that artists began to interrogate the subject of women's health in critical and analytical terms. *Inside Out Loud* traces such imagery from its activist roots in the 1980s, with the rise of AIDS, to its current complex manifestations, addressing issues of health, beauty, and identity and inviting viewers to explore how and when art intersects with matters of public and private concern.

The exhibition consists of 51 artworks on loan from across the country by 30 artists in a range of media, including painting, sculpture, photography, installation, video, digital, and performance art. It features established artists such as Jenny Holzer, Barbara Kruger, and Cindy Sherman, as well as emerging talents Nina Katchadourian, Victoria Vesna, and others.

In conjunction with the exhibition, the Mildred Lane Kemper Art Museum has organized films, performances, lectures, and discussions to expand on the relation of art to women's health from a variety of perspectives. See the next four pages for a complete listing.

Major funding for the exhibition was provided by Helen Kornblum and the Friends of IOL. Additional funding was provided by Elizabeth A. Sackler Museum Educational Trust; Marlene Nathan Meyerson Family Foundation; Siteman Cancer Center; Sonnenschein, Nath, and Rosenthal LLP; Missouri Arts Council; Regional Arts Commission; Arts and Education Council; Washington University's School of Arts and Sciences, School of Medicine, and Academic Women's Network; Hortense Lewin Art Fund; and individual contributors to the Mildred Lane Kemper Art Museum.

January

21

OPENING EVENTS

Inside Out Loud:

Visualizing Women's Health in Contemporary Art

PANEL DISCUSSION

4–6 pm

Art, Politics and the Body: A Conversation with Artists Zoe Leonard, Katherine Sherwood, and Tran T. Kim-Trang

Moderator: Janine Mileaf, guest-curator, assistant professor of Art History, Swarthmore College

OPENING RECEPTION

6–8 pm

PERFORMANCE

6:15 pm; 7 pm

Women's Bodies, Women's Lives

Choreographers Mary Ann Rund and Dawn Karlovsky, That Uppity Theatre Company, and senior women will present an original, short performance about aging at the opening reception of INSIDE OUT LOUD.

Organized with That Uppity Theatre Company.

28

FILM

7 pm

Superstar: The Karen Carpenter Story

Using Barbie dolls as the principal actors, SUPERSTAR portrays the life of 1970s pop-legend Karen Carpenter and her lethal battle with anorexia nervosa. The now-notorious film, by first-time director Todd Haynes, is rarely seen due to an injunction by A&M records and the Carpenter family for its unauthorized use of Carpenters songs, and legal threats by Mattel, makers of Barbie. Ranked by ENTERTAINMENT WEEKLY as one of the "Top 50 Cult Films of All-Time."

February

4

EXHIBITION TOUR

7 pm

Inside Out Loud

11

FILM

7 pm

Barbie Nation: An Unauthorized Tour

The Barbie doll is not just the world's most popular toy; she's a Rorschach test, revealing attitudes about women's sexuality, body image, gender roles, and creativity. Journeying from Barbie conventions to anti-Barbie demonstrations, from girls' play dates to Barbie websites, BARBIE NATION, directed by reporter-turned filmmaker Susan Stern, plumbs the cult of the Barbie doll and explores the history and fantasy behind this unlikely cultural icon.

18

PERFORMANCE

7 pm

She's Hideous

SHE'S HIDEOUS is a concert musical in one act with music and lyrics by recent Washington University graduate Eric Dienstfrey (Arts and Sciences, '04) about an artist who exploits his horrifically deformed girlfriend in his newest painting.

Organized with the Dept. of Music.

25

FRIDAY FORUM

DISCUSSION SERIES

(1 of 2)

6:30 pm reception
7 pm program

On the Body: Women, Health, and Contemporary Culture

Washington University faculty members Barbara Baumgartner, associate director and lecturer in the Women and Gender Studies Program, and Rebecca Lester, assistant professor in the Department of Anthropology, come together for an interdisciplinary dialogue exploring the social, cultural, and political interface between women's bodies and women's health over the last thirty years. \$10 each/\$15 series of two (students \$5 each/\$7 series); includes wine and appetizers. Reservations recommended.

March

4

EXHIBITION TOUR
7 pm
Inside Out Loud

18

READING
7 pm

An Evening with Poet Marilyn Hacker

Marilyn Hacker is the author of 11 books of poetry and essays, including *SQUARES AND COURTYARDS*, *WINTER NUMBERS*, and *LOVE, DEATH, AND THE CHANGING OF THE SEASONS*. A renowned literary editor and lesbian activist who divides her time between New York and Paris, much of Hacker's work details her own and others' experiences with breast cancer and the loss of friends to AIDS. She is the recipient of numerous awards, including the Lambda Literary Award and the NATION's Lenore Marshall Prize. She was the editor of the distinguished literary journal *the KENYON REVIEW* from 1990–94.

Organized with the Center for the Humanities.

25

FILM
7 pm
Citizen Ruth

The divisive issue of abortion rights is at the center of *CITIZEN RUTH*, a political satire directed by Alexander Payne that subjects both pro-choice and pro-life forces to equal scrutiny. Ruth Stoops, a down-on-her-luck, glue-sniffing, unfit mother of four discovers while in jail that she's pregnant for the fifth time. The judge charges her with endangering the fetus, but tells her in confidence that he will reduce the charges if she has an abortion. When word of this gets out, it changes Ruth's life dramatically, as she becomes caught in the middle of a tug-of-war between the rhetoric and fanaticism of pro-life and pro-choice activists, both of whom want to use her as a national symbol of their unyielding positions.

April

1

EXHIBITION TOUR
7 pm
Inside Out Loud

5

LECTURE
7 pm

Paradoxes of Visibility: Women's Health in a "Post-Reproductive Era"

Dr. Paula Treichler teaches social medicine, cultural studies, and feminist theory in the Institute of Communications Research, the College of Medicine, and the Gender and Women's Studies Program at the University of Illinois, Urbana-Champaign and is considered one of the leading practitioners of inter-disciplinary research in the United States. Her research interests include AIDS, gender, sex, medicine and the media and women's health among many others. She is the author of numerous books and articles and co-author of *THE VISIBLE WOMAN: IMAGING TECHNOLOGIES, GENDER, & SCIENCE*.

Organized with the Dept. of Art History and Archaeology.

8

FILM
7 pm
Safe

Directed by Todd Haynes, *SAFE* stars Julianne Moore as Carol, a suburban California housewife who, over the span of a few months, develops increasingly debilitating sensitivities to her environment. A permanent at a hair salon causes her nose to bleed and her skin to blotch, she's allergic to her new couch, and she goes into seizures at the dry cleaners. Her attempts to find a diagnosis are frustrated, as neither her husband nor her doctor seem to understand. Is it possible that Carol is becoming allergic to the late 20th century? A founding member of the 1980s activist art collective *Gran Fury*, Haynes subtly hangs the shadow of the AIDS epidemic over Carol's decline.

15

READING
7 pm

An Evening with Poet and Physician Rafael Campo

Dr. Rafael Campo is an acclaimed writer, professor of medicine, and practicing internist. Among his many publications are *WHAT THE BODY TOLD*, *THE POETRY OF HEALING: A DOCTOR'S EDUCATION IN EMPATHY, IDENTITY, AND DESIRE*, and his most recent book *THE HEALING ART: A DOCTOR'S BLACK BAG OF POETRY*. He is the winner of the Lambda Literary Prize and was a finalist for the National Book Critics Circle Award for his poetry collection *DIVA*. Campo currently teaches and practices general internal medicine at Harvard Medical School and Beth Israel Deaconess Medical Center in Boston, where his practice serves mostly Latinos, gay/lesbian/bisexual/transgender people, and people living with HIV/AIDS.

Organized with the Center for the Humanities.

22

FRIDAY FORUM
6:30 pm reception

7 pm program
The Mind-Body Problem
Susan Felleman and Vagner Whitehead, both assistant professors of Cinema Studies at Southern Illinois University at Carbondale, explore the artwork of *INSIDE OUT LOUD* and how artists in a wide variety of media negotiate the landscape between the mind and body. How might physical illness and psychological conditions find different expressions in video or digital art versus more tactile media such as painting and quilting? \$10 each/\$15 series of two (students \$5 each/\$7 series)-includes wine and appetizers. Reservations recommended.

The **Academic Women's Network** at the Washington University School of Medicine promotes professional and social interactions among female academic faculty with the intent to discover and support mutual goals and to assist and mentor female junior faculty and trainees in the pursuit of their goals.

INFORMATION 314.362.6891 <http://awn.wustl.edu>

For a half-century, the Washington University **Assembly Series** has brought some of the most important voices in contemporary society to campus. The lectures, which represent a broad range of topics designed to complement the University's curriculum, are free and open to the public.

ADDRESS Campus Box 1070, One Brookings Dr., St. Louis, MO 63130
INFORMATION 314.935.4620 <http://assemblyseries.wustl.edu>

① Annual Women's Health Symposium

Washington University School of Medicine faculty

January 22, 2005, 8 am–4 pm

Eric P. Newman Educational Center, 320 S. Euclid Ave.

Registration and payment for Continuing Medical Education (CME) credits and luncheon must be made through the CME office at Washington University School of Medicine by calling 314.362.6891. Washington University faculty and staff may also register and attend at no cost, but will not receive CME credits or luncheon.

This annual symposium presents topics and issues that have a direct bearing on women's health. This year faculty will speak on such topics as pelvic pain, fitness, cardiovascular health, obesity, menstruation and menopause, and cancers which affect women. Washington University faculty and their invited guests are welcome to attend, but must register with CME as seating is limited. Physicians and allied health providers may receive continuing medical education credit and a catered lunch by paying the registration fee. Symposium parking is available in the North Garage on the corner of Euclid Ave. and Forest Park Parkway.

Organized with the Washington University Continuing Medical Education.

② The Impact of the Media on Women's Health

Judy Norsigian, executive director, *Our Bodies Ourselves*

March 2, 2005, 11 am

Graham Chapel

Admission free

Judy Norsigian, executive director of the not-for-profit women's health organization *Our Bodies Ourselves* (OBOS), has emerged as a leader in modern women's rights, including issues of empowerment and social change. Working with OBOS, she is at the forefront of the global movement for women's health. She is one of the original authors of *Our Bodies, Ourselves*, the best-selling women's health guide first published in 1970. *Our Bodies, Ourselves*, with a new revision expected in spring 2005, is recognized worldwide as the definitive consumer health reference for women of all ages and ethnicities, combining women's testimonials with accurate medical information. The first book of its kind, it strives to provide clear and accurate health information through a feminist perspective. Currently, the book has been translated and adapted into 19 languages, with a growing global network.

Organized with the Office of Health Promotion and Wellness and the Women and Gender Studies Program at Washington University.

The Center for the Humanities is dedicated to letters and humanistic research and their presence in public life. Programs include the International Writers Series, interdisciplinary workshops and colloquia, Faculty Fellowship Program, Summer Jazz Institute, Children's Studies Library, St. Louis Literary Calendar, and the journal BELLES LETTRES: A LITERARY REVIEW.

ADDRESS Campus Box 1071, One Brookings Dr., St. Louis, MO 63130
INFORMATION 314.935.5576 <http://cenhum.artsci.wustl.edu>

3 An Evening with Poet Marilyn Hacker

Marilyn Hacker, poet and editor, City College and CUNY Graduate Center, New York

March 18, 2005, 7 pm

Mildred Lane Kemper Art Museum, Steinberg Hall

Admission free

Marilyn Hacker is the author of 11 books of poetry and essays and the recipient of many awards. A renowned literary editor and lesbian activist, she was the first to publish Rafael Campo (see event 4) when she edited the *Kenyon Review*. She lives in Paris and New York, where she teaches at City College and the CUNY Graduate Center. Much of her poetry deals with her own and friends' battles with cancer and AIDS.

4 An Evening with Poet and Physician Rafael Campo

Rafael Campo, Harvard Medical School and Beth Israel Deaconess Medical Center, Boston

April 15, 2005, 7 pm

Mildred Lane Kemper Art Museum, Steinberg Hall

Admission free

Rafael Campo is both a poet of distinction and a practicing physician. The author of several books of poetry and essays, he works at Harvard Medical School and the Beth Israel Deaconess Medical Center in Boston. Much of his poetry and his practice deals with HIV/AIDS and its victims.

Sponsors: Hurst Fund of the Washington University Writing Program; Department of English; Mildred Lane Kemper Art Museum (both events)

The Department of Music in the College of Arts and Sciences comprises scholars, performers, and composers of national and international reputation. Private instruction is offered with members of the Saint Louis Symphony Orchestra. The department is committed to providing musical opportunities for students, regardless of their major field of study. The Department of Music organizes free public concerts throughout the academic year and offers special programming through its Friends of Music membership organization.

ADDRESS Campus Box 1032, One Brookings Dr., St. Louis, MO 63130
 INFORMATION 314.935.4841 <http://www.artsci.wustl.edu/~music>

5 She's Hideous

Eric Dienstfrey and actors

February 18, 2005, 7:30 pm

Mildred Lane Kemper Art Museum, Steinberg Hall

Admission free

She's Hideous is a concert musical in one act with music and lyrics by recent Washington University graduate Eric Dienstfrey (Arts and Sciences, '04) about an artist who exploits his horrifically deformed girlfriend in his newest painting.

Organized with the Mildred Lane Kemper Art Museum.

6 A Program of Song— Women's Mental Health

Washington University faculty and students;
 Saint Louis Women's Chorale

April 12, 2005, 8 pm

Mildred Lane Kemper Art Museum, Steinberg Hall

Admission free

The Department of Music presents an evening of song with poems from *Ariel* by Sylvia Plath, *Fatal Interview* by Edna St. Vincent Millay, and several poems of Emily Dickinson, set by composers Aaron Copland, George Perle, and Vincent Persichetti. Songs will be performed by faculty and students in the Department of Music with a special guest performance by the Saint Louis Women's Chorale, which will sing a short program written by and for women on the theme of mental health.

Organized with the Saint Louis Women's Chorale.

Edison Theatre's OVATIONS! Series serves both Washington University and the St. Louis community by providing the highest caliber national and international artists in music, dance, and theater, performing new works as well as innovative interpretations of classical material not otherwise seen in St. Louis. Focusing on presentations that are interdisciplinary, multicultural, and/or experimental, Edison Theatre presents work intended to challenge, educate, and inspire.

ADDRESS Campus Box 1119, One Brookings Dr., St. Louis, MO 63130
INFORMATION 314.935.6543 www.edisontheatre.wustl.edu

7 Hiroshima Maiden

Dan Hurlin and puppeteers

April 22–23, 2005, 8 pm

Edison Theatre, Mallinckrodt Student Center

\$28 general public; discounts for students, seniors, and Washington University faculty & staff

Performance artist and puppeteer Dan Hurlin centers his newest theatrical endeavor on the true story of the Hiroshima Maidens—a group of 25 women disfigured by the nuclear blast of Hiroshima and ostracized by their community—and their infamous visit to the United States in 1955 to undergo reconstructive surgery. The climax of their bizarre odyssey occurred when they met face-to-face with the pilot of the Enola Gay on the television program *This Is Your Life*. Performed in the style of Japanese Bunraku puppetry, the production involves nine puppets and set pieces manipulated by four puppeteers and five dancers. The gorgeous, lifelike puppets, created by Hurlin, possess an astonishing range of emotion. Composer Robert Een's original score borrows from Haiku poetry.

Sponsors: Heartland Arts Fund of the Mid-America Arts Alliance; National Endowment for the Arts; Missouri Arts Council; Regional Arts Commission; Washington University Department of Music in the College of Arts and Sciences

performance

The Office of Health Promotion and Wellness at Washington University serves the campus by creating partnerships with students, faculty, and staff to help them achieve and maintain good health and balanced lifestyles. Office staff members—including professional health educators—provide the University community with important information on alcohol and other drugs, nutrition and eating concerns, fitness, stress management, safety, sexual health, and sleep.

ADDRESS Campus Box 1136, One Brookings Dr., St. Louis, MO 63130
INFORMATION 314.935.7139 <http://wellness.wustl.edu>

8 Silent Witness

January 18–February 26, 2005

Admission free

The national *Silent Witness* exhibition and memorial consists of a series of life-sized silhouettes that honor women murdered in acts of domestic violence. Each silhouette in this version of the exhibition represents a woman from Missouri whose life ended violently at the hands of a husband, ex-husband, partner, date, or acquaintance. *Silent Witness* silhouettes on loan from the National Council of Jewish Women will be displayed throughout the St. Louis region (see the National Council of Jewish Women entry in this guide) in addition to the campus locations.

January 18–21, 2005

Mallinckrodt Student Center, lower level

January 22–28, 2005

George Warren Brown School of Social Work,
Goldfarb Hall, commons area >

exhibition

January 29–February 26

Washington University, various other locations

Organized with the Committee Organized for Rape Education (CORE), Take Back the Night, Sexual Assault and Rape Action Hotline (SARAH), and Violence Against Women Awareness (VAWA).

9 The Vagina Monologues

Washington University students

February 10–12, 2005, 8 pm

Graham Chapel

Please call 314.935.7139 for ticket prices and information

Washington University students, in cooperation with V-Day, produce and perform Eve Ensler's award-winning play *The Vagina Monologues*, which explores women's stories about fantasy and fear, intimacy, sexual self-discovery, and vulnerability. Proceeds from the performances will benefit efforts to combat violence against women.

Organized with V-Day (violence against women prevention).

10 Artistic Interpretation Designed to Stimulate (AIDS)

Washington University students

February 19, 2005, 7 pm

Mildred Lane Kemper Art Museum, Steinberg Hall

Please call 314.935.7139 for ticket prices and information

In conjunction with Safer Sex Awareness Week (February 14–February 19, 2005), the Student and Health Advisory Committee and Wash.U.Hope present *Artistic Interpretation Designed to Stimulate (AIDS)*. This eclectic showcase of artistic expression is intended to raise awareness and educate the Washington University and St. Louis communities about HIV and AIDS in an entertaining, thought-provoking manner.

Organized with the Student and Health Advisory Committee (SHAC) and Wash.U.Hope.

11 Clothesline Project

February 21–26, 2005, 10 am–5 pm

Mallinckrodt Student Center, lower level

Admission free

In conjunction with Sexual Assault Awareness Week (February 21–February 26, 2005), the Office of Health Promotion and Wellness presents the *Clothesline Project*, a visual display of shirts that bears witness to violence against women. The project began in Massachusetts in 1990 with 31 shirts designed by survivors of assault, rape, and incest. Since that time the *Clothesline Project* has grown to include over 300 local, national, and international exhibitions and an estimated 35,000 shirts. The display at Washington University will bring together shirts and testimonials from local St. Louis *Clothesline Projects*.

Organized with the Committee Organized for Rape Education (CORE), Violence Against Women Awareness (VAWA), and Women's Support and Community Service.

12 Exploring Violence in Intimate Relationships

Jami Ake, lecturer, Humanities and Women and Gender Studies, and assistant dean, College of Arts and Sciences, and others

February 22, 2005, 8 pm

Mildred Lane Kemper Art Museum, Steinberg Hall

Admission free

Professor Jami Ake will moderate a panel discussion on sexual assault and domestic violence featuring Washington University faculty and St. Louis community leaders.

Organized with the Committee on Sexual Assault (COSA) and the all-male rape education student group lin4.

exhibition | panel discussion

13 Changing Your Perceptions of Body Image and the Media: Dr. Mary Pipher Speaks Out

Mary Pipher, author and clinical psychologist

March 1, 2005, 8 pm

Graham Chapel

Admission free

Why are more American adolescent girls prey to depression, eating disorders, addictions, and suicide attempts than ever before? According to Dr. Mary Pipher, a clinical psychologist who has treated girls for more than 20 years, we live in a look-obsessed, media-saturated, “girl-poisoning” culture. Yet girls often blame themselves or their families for this “problem with no name” instead of looking at the world around them. Dr. Pipher, a thought-provoking author and popular college lecturer, is known for her deeply moving, inspirational, and entertaining style. By laying bare adolescent girls’ harsh day-to-day reality, the *Reviving Ophelia* author will offer her thoughts about how to revive Ophelias’ lost sense of self. This event is held in conjunction with Eating Disorders Awareness Week (February 28–March 4).

Organized with Phi Lambda Psi (Greek women's health and wellness honorary), Reflections (peer education about eating disorders and body image), Uncle Joe's Peer Counseling and Resource Center, and Womyn's Resource Center.

lecture

② The Impact of the Media on Women's Health

Judy Norsigian, executive director, Our Bodies Ourselves

March 2, 2005, 11 am

Graham Chapel

Admission free

See Assembly Series, Washington University, for more information.

⑭ The Thin Line

Abigail Solomon, actress

April 19, 2005, 8 pm

Mildred Lane Kemper Art Museum, Steinberg Hall

Admission free

In this dramatic, one-woman show, Abigail Solomon portrays a young woman's battle with an eating disorder and the struggles of those close to her in their efforts to understand and to help. A panel discussion will follow.

Organized with Phi Lambda Psi (Greek women's health and wellness honorary), Reflections (peer education about eating disorders and body image), and Womyn's Resource Center.

⑮ Express Your Health

April 21, 2005, 11 am–2 pm

Mallinckrodt Student Center, Bowles Plaza

Admission free

Think about the meaning of "health": come paint or draw on canvases placed in Bowles Plaza.

Organized with the Student Health Advisory Committee (SHAC).

lecture | performance and panel discussion | art activity

The School of Law presents the seventh annual Public Interest Law Speakers Series, ACCESS TO JUSTICE: THE SOCIAL RESPONSIBILITY OF LAWYERS.

This series brings to Washington University outstanding academics and practitioners in such areas as international human rights, the economics of poverty, civil liberties, racial justice, capital punishment, clinical legal education, and government and private public service. The goals of the series are to highlight the professional responsibilities of law students and lawyers to provide access to justice; to provide a forum for the law school and the wider University community to engage in a discussion of the legal, social, and ethical issues that bear upon access to justice; and to promote scholarship in this important area.

ADDRESS Campus Box 1120, One Brookings Dr., St. Louis, MO 63130
INFORMATION 314.935.6419 law.wustl.edu

⑯ Law, Politics, and Social Justice: Breast Cancer Advocacy and Public Policy

Frances M. Visco, president and member, Board of Directors and Executive Committee, National Breast Cancer Coalition

February 16, 2005, 3 pm

Anheuser-Busch Hall, Room 310; reception to follow at the Mildred Lane Kemper Art Museum, Steinberg Hall

Admission free

Frances Visco is a three-time appointee to the President's Cancer Panel, a recipient of the American Association for Cancer Research 1998 Public Service Award, and former chair of the Integration Panel, United States Department of Defense Peer-Reviewed Breast Cancer Research Program. A reception will immediately follow at the Mildred Lane Kemper Art Museum.

lecture

17 New Wine and Old Wineskins: The Continuing Challenges Posed by Reproductive Technology

Marjorie M. Shultz, professor of Law, University of California at Berkeley

March 16, 2005, 11 am

Anheuser-Busch Hall, Room 310

Admission free

Marjorie Shultz is a former member of the Legal Review Group, 1993 White House Health Care Reform Proposal, and a former member of the First Advisory Committee, Office of Women's Health Research, National Institutes of Health. She is also a recipient of the Society of American Law Teachers' 2000 Teaching Award and co-author of *Whitewashing Race: The Myth of a Color-Blind Society*.

Women and Gender Studies Program is within the College of Arts and Sciences at Washington University. The program offers a major, a minor, and a graduate certificate. Its purpose is to provide knowledge about women and gender in all aspects of social life.

ADDRESS Campus Box 1078, One Brookings Dr., St. Louis, MO 63130
INFORMATION 314.935.5102 <http://ascc.artsci.wustl.edu/~women>

2 The Impact of the Media on Women's Health

Judy Norsigian, executive director, Our Bodies Ourselves

March 2, 2005, 11 am

Graham Chapel

Admission free

See Assembly Series, Washington University for more information.

Organized with the Washington University Assembly Series and Office of Health Promotion and Wellness.

18 Women and Stem Cell Research

Judy Norsigian, executive director, Our Bodies Ourselves;
Washington University faculty

March 2, 2005, 4 pm

Ann W. Olin Women's Building, Formal Lounge

Admission free

Does stem cell research have any special implications for women? This panel will look at the debate around this new research from a feminist angle with distinguished author Judy Norsigian and Washington University faculty. A reception will immediately follow.

The Women's Society of Washington University (WSWU), a group of over 500 volunteers and professional women, was founded in 1965 to cultivate ambassadors for the University. Recognizing that "there's always more to learn," WSWU sponsors a popular lecture series for its membership featuring renowned University faculty. WSWU awards a two-year full tuition Washington University scholarship and a women's leadership award each year. A grant program supports projects that benefit the student community. New members are welcome. Contact 314.935.7337 or sharon_britt@wustl.edu for information on membership and programming.

ADDRESS Campus Box 1081, One Brookings Dr., St. Louis, MO 63130
 INFORMATION 314.935.7337 www.wustl.edu/wswu

19 Body Talk: Women's Health in Modern Art and Society

Elizabeth Childs, Ph.D., associate professor, Art History and Archaeology; Barbara Baumgartner, Ph.D., lecturer, Women and Gender Studies

January 27, 2005: 5:30 pm reception; 6 pm lecture

Mildred Lane Kemper Art Museum, Steinberg Hall

Lecture is open to pre-registered WSWU members and guests at no cost

WSWU sponsors an interdisciplinary lecture analyzing the works in the exhibition *Inside Out Loud: Visualizing Women's Health in Contemporary Art* at the Mildred Lane Kemper Art Museum from two perspectives: as cutting-edge art and as provocative statements about women's health issues. Come early for a pre-lecture reception.

20 Women's Health: Taking Care of Yourself

Cynthia Wichelman, MD, director of the Washington University Mini Medical School; School of Medicine faculty

February 26, 2005: 8:30 am continental breakfast; 9 am–12:30 pm seminar

Mildred Lane Kemper Art Museum, Steinberg Hall

Seminar is open to pre-registered WSWU members and guests at no cost

This half-day, mini medical school seminar, moderated by Cynthia Wichelman, MD, brings together five physicians from the Washington University School of Medicine. Current medical information will be presented for a lay audience on such topics as breast and ovarian cancer, menopause, cardiovascular health, and auto-immune disorders, with insights that promote wellness.

The Alzheimer's Association is a national organization dedicated to eliminating Alzheimer's disease through the advancement of research, and to enhancing care and support for individuals, their families, and caregivers. The mantra of the Association is "the compassion to care, the leadership to conquer." The Alzheimer's Association, St. Louis Chapter serves more than 66,000 families in the St. Louis metropolitan area, eastern Missouri, and western Illinois. Skilled professionals joined by committed volunteers deliver a menu of over 16 supportive services and many programs that assist families with their Alzheimer's journey.

ADDRESS 9374 Olive Blvd., St. Louis, MO 63132

INFORMATION 314.432.3422 www.alzstl.org

caregiving, and help uncover resources to address the situations and stresses that too often overwhelm those who care for others. The evening will feature Ms. Orien Reid, former president of the National Alzheimer's Association and current chair of the Alzheimer's Disease International 2005 Conference. Participants will have the opportunity to talk with Alzheimer's Association staff and volunteers about caregiver resources. Tours of the exhibition *Inside Out Loud: Visualizing Women's Health in Contemporary Art* will take place at the reception prior to the panel.

21 Alzheimer's Journey: The Art of Caring

Orien Reid, former president of the National Alzheimer's Association and current chair of the Alzheimer's Disease International's 2005 Conference, and others

April 7, 2005: 6 pm reception; 7–9 pm panel discussion

Mildred Lane Kemper Art Museum, Steinberg Hall,
Washington University

\$20 suggested donation

The Alzheimer's Association presents an evening of art, education, and information for family caregivers. A panel will explore the duality of women caring: how to care for oneself while caring for a loved one, and how to achieve familial and personal balance, even in the most challenging caregiving situations. Updates on the latest Alzheimer's research will be presented and family members of Alzheimer's patients will share their perspectives on

The **American Cancer Society** is a nationwide, community-based, voluntary health organization dedicated to eliminating all types of cancer through research, education, advocacy, and patient services.

ADDRESS 4207 Lindell Blvd., 2nd floor, St. Louis, MO 63108
 INFORMATION 314.286.8100 or 800.ACS.2345 www.cancer.org

American Cancer Society Relay for Life

St. Louis, St. Louis County, and surrounding counties

Please call the American Cancer Society for a Relay for Life event near you

Relay for Life is the signature fundraiser of the American Cancer Society offering everyone a chance to participate in the fight against cancer. Teams comprising 8 to 15 people camp out for 12 to 24 hours at a local high school, park, or fairground and take turns walking or running around a track or path. Each team is asked to have a representative on the track at all times during the event. Money raised funds American Cancer Society programs in research, education, advocacy, and service. *Relay for Life* brings communities together to grieve for those lost to cancer and to celebrate the lives of those who have survived.

Art Saint Louis is a visual arts organization that creates exhibition, support, and growth opportunities for emerging and established contemporary artists. For over 19 years, Art Saint Louis has worked to cultivate an appreciation of the role that visual artists play in our community. Art Saint Louis fulfills its mission by creating and presenting original exhibitions, educational programming, and support services to achieve professional success and reach new audiences.

ADDRESS 917 Locust St., Suite 300, St. Louis, MO 63101
 INFORMATION 314.241.4810 www.artstlouis.org

22 A Dash of Estrogen – Survival through Humor

March 21–April 29, 2005: 10 am–5 pm, Monday–Friday;
 Saturday 10 am–4 pm; closed Sundays and holidays

Admission free

A Dash of Estrogen is a group exhibition juried by Ivy Cooper of the Art Department at Southern Illinois University at Edwardsville. The exhibition features artworks in all media from local and regional artists focusing on survival, female health, relationship, and responsibility issues through humor. On March 19, join Ivy Cooper and selected artists for a tour of the exhibition at 5 pm, followed by an opening reception from 6–8 pm.

Sponsors: Regional Arts Commission, Missouri Arts Council, Emerson, and the Arthur & Helen Baer Foundation

Central Reform Congregation (CRC) represents the coming together of a diverse and inclusive group of individuals who accept the responsibility of maintaining a community of respect and friendship. Through the study of Jewish texts, both ancient and modern, CRC joins together to address questions relevant to the quality of life for all humankind. CRC strives to create an environment of warmth, caring, growth, and commitment and is the only Jewish congregation in the city of St. Louis.

ADDRESS 5020 Waterman Blvd., St. Louis, MO 63108
 INFORMATION 314.361.3919 www.centralreform.org

23 Genetics, Jewish Women, and Breast Cancer

Jennifer Ivanovich, research instructor in Surgery,
 Washington University School of Medicine

February 17, 2005, 7 pm

Admission free

Breast cancer is a common disease; however, the risk of developing it is higher among Jewish women. To date, there has been little information available to the Jewish community about the hereditary aspects of breast cancer. Come learn what your doctor should be asking you in order to assess your breast cancer risk. A Q&A session will follow the lecture.

Community Health-In-Partnership Services (CHIPS) is a not-for-profit organization which began providing health care and social services to the underserved and uninsured population of north St. Louis in 1990. With the help of dedicated medical professionals who volunteer their time, CHIPS has become a critical point of access to health care in the St. Louis area. CHIPS has responded to the need to equip the city's youth for a healthy, productive life by introducing a youth leadership development program called CLUB CHIPS (Community Youth Leaders United for Better Health), which is part of CHIPS In Motion (CIM), a health education program utilizing drama, dance, creative writing, visual art, and music as a means of expanding awareness of health and wellness issues among St. Louis youth.

ADDRESS 2431 N. Grand Blvd., St. Louis, MO 63106
 INFORMATION 314.652.9231 www.chipsstl.org

24 Perfect Wings

CLUB CHIPS

April 2, 2005, 1 pm

Contemporary Art Museum St. Louis,
 3750 Washington Blvd., St. Louis, MO 63108

\$2 suggested donation

CLUB CHIPS performs *Perfect Wings*, a short play about Taylor, a young girl struggling with classmates who tease her because she is overweight. *Perfect Wings* creatively weaves music, dance, and drama and leaves the audience with positive alternatives to resolving conflict. Following the performance, CLUB CHIPS members will lead a 10-minute Q&A discussion and a 20-minute workshop in which audience members will participate in theatre improvisation activities that further instill conflict resolution techniques. The event is geared toward children in grades 3–8 and their families.

Organized with the Contemporary Art Museum St. Louis.

Contemporary Art Museum St. Louis, the city's leading venue for contemporary art, offers 8 to 10 exhibitions a year, as well as a diverse schedule of programs including lectures, docent-led tours, films, performances, and music. As a non-collecting institution, the Contemporary is able to focus its resources on the creation and presentation of new and recent works primarily by living artists, introducing the community to such artists as Michael Lin, Polly Apfelbaum, Keith Piper, and Yun-Fei Ji. Current programs include the American Visual Culture Series, Contemporary Art Partnership, Maritz Lunch and Learn, Maritz Family Days, Emerson Visiting Critics and Curators Series, New Art in the Neighborhood, and Peer2Peer teen docents.

ADDRESS 3750 Washington Blvd., St. Louis, MO 63108
 INFORMATION 314.535.4660 www.contemporarystl.org

24 Perfect Wings

CLUB CHIPS

April 2, 2005, 1 pm

\$2 suggested donation

See Community Health-In-Partnership Services, Washington University, for more information.

Organized with Community Health-In-Partnership Services (CHIPS) and CLUB CHIPS.

performance

Delta Sigma Theta, Inc. is an organization of college-educated women committed to constructive development of its members and to public service with a primary focus on the black community.

ADDRESS P.O. Box 12471, St. Louis, MO 63132
 INFORMATION c/o 314.721.8980 www.dstlmac.com

25 Endangered Species

March 19, 2005, 5:30–9:30 pm

Mildred Lane Kemper Art Museum, Steinberg Hall,
 Washington University

\$10 per person

Delta Sigma Theta presents a panel discussion on women's physical and mental health issues. *Endangered Species* will also include a live silent auction of various items geared toward college and professional women. During the event attendees will also be invited to view the exhibition *Inside Out Loud: Visualizing Women's Health in Contemporary Art*. Monies earned will support Delta Sigma Theta scholarship awards to women currently enrolled in institutions of higher learning. Refreshments will be served.

panel discussion

26 Cultural Odyssey: A Global Exploration of Women's Health

April 16, 2005, 1–4 pm

Mildred Lane Kemper Art Museum, Steinberg Hall,
Washington University

\$15 per person

A dramatic performance will feature acts relating to global (African Diaspora) women's health issues. A raffle of various items will be held during intermission and guests will also be invited to view the exhibition *Inside Out Loud: Visualizing Women's Health in Contemporary Art*. \$5 from every admission fee will be sent to support the maternity wing of Mary's Hospital for the Sick in Kenya, East Africa. Refreshments will be served.

performance

Since 1919, the International Institute has been helping refugees and immigrants to independence by teaching English, finding jobs, and providing adjustment services to overcome language and cultural barriers. The Institute helps newcomers become productive citizens, moving new Americans quickly from overwhelming dependence to productivity and self-sufficiency. The Institute builds a healthier community by promoting public awareness of the important contribution ethnic diversity makes to the St. Louis area's economy and quality of life. Annually, more than 10,000 new Americans receive services at the Institute, and nearly 30,000 area residents benefit from the agency's outreach efforts.

ADDRESS 3654 South Grand Blvd., St. Louis, MO 63118

INFORMATION 314.773.9090 x179 www.iistl.org

27 Sakhi: A Multi-Ethnic Look at Women's Health and Bodies

March 4–30, 2005: 10 am–4 pm, Monday–Friday;
or call for an appointment

Third Floor Gallery on Washington, 1214 Washington Ave.
3rd floor, St. Louis, MO 63103; 314.241.1010

Admission free

In conjunction with the exhibition *Inside Out Loud: Visualizing Women's Health in Contemporary Art*, the International Institute is organizing an art exhibition addressing physical, mental, emotional, and spiritual women's health. The participants in Sakhi will be both trained and untrained artists from widely diverse cultural backgrounds and of all ages. The word Sakhi means "female friend" in several South Asian languages. On March 4, an opening reception from 6–10 pm will feature the performance of traditional dancers from India, Mexico, and elsewhere.

exhibition

The National Council of Jewish Women (NCJW) is a volunteer-based organization inspired by Jewish values which works through a program of research, education, advocacy, and community service programs to improve the quality of life for women, children, and families and strives to ensure individual rights for all.

ADDRESS 8350 Delcrest Dr., St. Louis, MO 63124
INFORMATION 314.993.5181 www.ncjwstl.org

28 The War on Reproductive Rights: Historical Perspective and Future Concerns

Paula Gianino, president, Planned Parenthood of the St. Louis Region, and others

February 16, 2005, 7–9 pm

Crown Center, 8350 Delcrest Dr., St. Louis, MO 63124

Admission free

This workshop is an intergenerational program focusing on issues surrounding reproductive rights with advice on how to be a successful advocate.

Organized with Planned Parenthood of the St. Louis Region.

8 Silent Witness

January 21–March 31, 2005

Admission free

The national *Silent Witness* exhibition and memorial consists of a series of life-sized silhouettes that honor women murdered in acts of domestic violence. Each silhouette in this version of the exhibition represents a woman from Missouri whose life ended violently at the hands of a husband, ex-husband, partner, date, or acquaintance. *Silent Witness* silhouettes will be displayed at the following St. Louis locations:

January 21–February 26, 2005

See Washington University, Office of Health Promotion and Wellness

January 21–February 16, 2005

The Jewish Federation, 12 Millstone Campus, St. Louis, MO 63146

February 1–28, 2005

The NCJW Council Shop, 8612 Olive Blvd., Olivette, MO 63132

March 1–31, 2005

Planned Parenthood Health Clinics in St. Louis City and County

March 1–31, 2005

St. Louis County Library, north lobby
1640 S. Lindbergh Blvd., St. Louis, MO 63131

OASIS is a national education organization dedicated to enriching the lives of mature adults. Offering challenging programs in the arts, humanities, health, technology, and volunteer service, OASIS creates opportunities for adults to continue their personal growth and serve their communities. Membership is free for adults age 50+.

ADDRESS 50 Gay Ave., St. Louis, MO 63105
INFORMATION 314.862.4765 www.oasisnet.org

29 Simple Wisdom: A Forum on the Art of Aging

National and local leaders on aging

April 22, 2005, 10 am–12 pm

Mildred Lane Kemper Art Museum, Steinberg Hall,
Washington University

Admission free

Simple Wisdom will present insights and a new vision of vibrant aging for women by a panel of leaders in the field: Jeanette C. Takamura, Ph.D., dean, Columbia University School of Social Work, NY, and former U.S. Commissioner on Aging; Jane Sauer, internationally renowned artist, curator, lecturer, juror, and co-director of Thirteen Moons Gallery, Santa Fe, NM; Kathryn Nelson, retired member of St. Louis 2004 Danforth Foundation and community leader; and John C. Morris, M.D., director of Washington University's Center for Aging and the Harvey A. and Dorismae Hacker Friedman Professor of Neurology, School of Medicine. The panel will be moderated by Marylen Mann, founder and chairman of the Board of Directors, The OASIS Institute. The panel will explore, among other topics, the role of social connectedness and volunteerism and the realities and myths of women's health issues in relation to aging.

Sponsor: The OASIS Institute.

panel discussion

Founded 72 years ago, **Planned Parenthood** of the St. Louis Region (PPSLR) is the oldest, largest, and most comprehensive provider of reproductive health care, sex education, and advocacy in the bi-state area. PPSLR is the safety net for tens of thousands of poor, uninsured, and underinsured women, teens, men, and families. PPSLR is a not-for-profit corporation providing services in 15 counties from six health centers: two in St. Louis City, two in St. Louis County, one in St. Charles County, and one in St. Clair County, Illinois. PPSLR's mission is to provide, protect, and support reproductive rights and services.

ADDRESS 4251 Forest Park Ave., St. Louis, MO 63108
INFORMATION 314.531.7526 x317 www.ppslr.org

28 The War on Reproductive Rights: Historical Perspective and Future Concerns

Paula Gianino, president, Planned Parenthood of the St. Louis Region, and others

February 16, 2005, 7–9 pm

Crown Center, 8350 Delcrest Dr., St. Louis, MO 63124

Admission free

See National Council of Jewish Women for more information.

Organized with National Council of Jewish Women St. Louis Section.

workshop

30 Dangerous Love: When Teen Dating Turns Violent

Teen Think Tank Call to Action

March 8, 2005, 6–7:30 pm

Center of Clayton, 50 Gay Ave., St. Louis, MO 63105

Admission free

An alarmingly large number of teen dating relationships are underscored by verbal, emotional, and physical abuse. This workshop, developed and presented by teens, is designed to explore issues of teen dating violence, including the dynamics of an abusive relationship, the cycle of violence, prevention strategies, and resources to help teens involved in an abusive relationship. Additionally, important information about medical services available for women and teens involved in an abusive relationship will be presented by a health care professional. This workshop is useful for teens, parents, and adults working with teens.

workshop

The Saint Louis Art Museum is one of the nation's leading comprehensive art museums. Its collections include works of art of exceptional quality from virtually every culture and time period. Areas of notable depth include Oceanic art, pre-Columbian art, ancient Chinese bronzes, and European and American art of the late 19th century and the 20th century, with particular strength in 20th-century German art. The Museum offers a full range of exhibitions and educational programming generated independently and in collaboration with local, national, and international partners. The Museum dates to 1879 and is the oldest municipally supported art museum in the country.

ADDRESS One Fine Arts Dr., St. Louis, MO 63110

INFORMATION 314.721.0072 www.slam.org

31 Susan Meiselas: Photographer without Borders

Susan Meiselas, photographer

April 6, 2005, 7 pm

Admission free

The Saint Louis Art Museum presents a lecture by Susan Meiselas, an award-winning documentary photographer best known for her work covering civil wars in Central America. Meiselas is considered a pioneer for her frank and honest look at women on the margins of society, from carnival strippers in New England to battered women in Juárez, Mexico and the United States. She is a member of Magnum Photos, and has been published in *Time*, the *New York Times*, *Life*, and *Paris Match*. She has won the Robert Capa Gold Medal, the Leica Award, the Hasselblad Prize, and became a MacArthur Fellow in 1992. Meiselas is also the author of two monographs, *Carnival Strippers* and *Nicaragua*, and the editor of *Kurdistan in the Shadow of History* and *Encounters with the Dani*. Her visual history of Kurdistan is at www.akaKURDISTAN.com.

lecture

The **St. Louis Artists' Guild** has served the Midwest since 1886 as a center for learning and appreciation of the arts. It is also a place where artists and art lovers of all levels, interests, and ages meet, share ideas, and test their talents among their peers through national and regional art competitions, art programs, and classes. Located in a restored 1920s mansion in Oak Knoll Park in Clayton, the St. Louis Artists' Guild houses three floors of gallery space, art studios, offices, a library, and printmaking studio. An active and growing organization, the Guild holds approximately three concurrent exhibitions every eight weeks, as well as classes, workshops, gallery talks, art demonstrations, special events, and community programs.

ADDRESS 2 Oak Knoll Park, St. Louis, MO 63105
INFORMATION 314.727.6266 www.stlouisartistsguild.org

32 Voices Within: Surviving through the Arts

January 16–March 5, 2005: 12–4 pm, Tuesday–Sunday

Admission free

Voices Within, juried by artist Katherine Sherwood, is a national, all-media exhibition featuring work by various contemporary American artists related to the health and well-being of women. Issues range from general health topics to reproductive health, mental health, domestic violence, labor inequality, and poverty. Works selected for the exhibition either deal directly with these topics or address how the creation of art can help one cope with such situations. Katherine Sherwood's own work is included in *Inside Out Loud: Visualizing Women's Health in Contemporary Art* at the Mildred Lane Kemper Art Museum, Washington University. On January 16, attend the opening reception from 1–3 pm; at 3 pm join guest curators Rachel Keith and Kelly Scheffer for a tour of the exhibition.

Sponsor: Regional Arts Commission

33 Women's Bodies, Women's Lives

That Uppity Theatre Company and others

January 16, 2005, 2 pm

Admission free

See That Uppity Theatre Company for more information.

Organized with That Uppity Theatre Company.

Sponsor: Regional Arts Commission

With 20 branches, **St. Louis County Library** serves more than 870,000 people within a 460-square-mile area with over 2 million cataloged items. It is one of the largest circulating public libraries in the country. The mission of St. Louis County Library is to support and enhance the community by providing free and equal access to ideas, information, and opportunities for lifelong learning.

ADDRESS 1640 S. Lindbergh Blvd., St. Louis, MO 63131
 INFORMATION 314.994.3300 www.slcl.org

St. Louis County Library

The St. Louis County Library system will be participating with various programs that focus on women's health over the course of the *Inside Out Loud: Visualizing Women's Health in Contemporary Art* exhibition. Please check www.slcl.org, contact your nearest county library, or call 314.994.3300 to find out more.

The **Saint Louis Women's Chorale** was founded in 1995 in recognition that there is not only a special beauty in, but a special need for, women's voices to be heard. What better way to express this need than through the universal language of music; music for women, about women, by women. Unique among arts organizations in the St. Louis area, the Chorale provides the opportunity for a community of women to perform the highest quality of musical works written or arranged for women's voices. Now in its 10th season, the Chorale is auditioned and has 45 members.

ADDRESS P.O. Box 9456, St. Louis, MO 63117
 INFORMATION 314.371.6700 www.stlwomenschorale.org

⑥ A Program of Song – Women's Mental Health

Washington University faculty and students;
 Saint Louis Women's Chorale

April 12, 2005, 8 pm

Mildred Lane Kemper Art Museum, Steinberg Hall,
 Washington University

Admission free

See Department of Music, Washington University, for more information.

Organized with the Washington University Department of Music in the College of Arts and Sciences.

The Alvin J. Siteman Cancer Center at Washington University School of Medicine in St. Louis and Barnes-Jewish Hospital is an international leader in patient care, cancer research, prevention, education, and community outreach, and a National Cancer Institute-designated Cancer Center. The Cancer Center offers the extensive expertise of more than 300 Washington University research scientists and physicians, many of whom annually provide comprehensive care for nearly 6,000 newly diagnosed cancer patients and over 28,000 follow-up patients. Currently, the Siteman Cancer Center has more than 350 clinical trials involving more than 1,200 patients.

ADDRESS Campus Box 8100, 660 S. Euclid Ave., St. Louis, MO 63110
INFORMATION 314.747.7222 or 800.600.3606 www.siteman.wustl.edu

34 Ready, Set, Cook (No. 1 of 3)

January 10, 2005, 7:30 pm

L'Ecole Culinaire, 9811 South Outer Forty Dr.,
St. Louis, MO 63124

Limited seating available; please visit www.wecandoit-stl.org for information

We Can Do It! and the Siteman Cancer Center present a series of three events designed to encourage, inspire, and educate the St. Louis community on healthy eating and cancer prevention. The first *Ready, Set, Cook* demonstration features Vince Bommarito, Sr. and Vince Bommarito, Jr. of Tony's restaurant creating a tasty dish using healthy ingredients in 30 minutes. A Siteman physician specializing in colon and rectal cancer will explain and answer questions about suggested screenings and how to lower your risk for cancer. The group will be joined by Joy Pape and Phyllis Shulman of the comedy and health education team *Laugh It Off!* The event will be recorded and shown on Channel 9's *Living St. Louis*. Visit www.wecandoit-stl.org or watch your local television listings for air time and date.

Organized with We Can Do It! Women Working for Healthier Families.

cooking demonstration

35 Ready, Set, Cook (No. 2 of 3)

February 4, 2005, 6 pm

St. Louis County Library, 6701 Delmar Blvd.,
St. Louis, MO 63130

Admission free

Denise Hairston, president of the Black Women's Health Network, battles a St. Louis chef to create the tastiest dish using healthy ingredients in 30 minutes for this second installment of *Ready, Set, Cook*. A physician specializing in colon and rectal cancer and a dietitian from the Siteman Cancer Center will explain and answer questions about suggested health screenings and how to lower your risk for colon and rectal cancer.

Organized with We Can Do It! Women Working for Healthier Families.

36 Ready, Set, Cook: Wildly Light and Deliciously Low Fat (No. 3 of 3)

March 2, 2005, 7 pm

Holiday Inn Viking Center, 10709 Watson Road,
St. Louis, MO 63127

Admission free

This final installment of *Ready, Set, Cook*, entitled *Wildly Light* and *Deliciously Low Fat*, features two St. Louis chefs battling to create the tastiest dish using healthy ingredients in 30 minutes. David Dietz, M.D., and a dietitian, both from the Siteman Cancer Center, will explain and answer questions about suggested health screenings and how to lower your risk for colon and rectal cancer.

Organized with We Can Do It! Women Working for Healthier Families.

cooking demonstration | cooking demonstration

37 Arts as Healing: Lids for Laughter

Kathy Feldt, coordinator, Arts as Healing,
Barnes-Jewish Hospital

April 8, 2005, 10 am–3 pm

Barnard Health and Cancer Information Center, 1st floor
lobby, Siteman Cancer Center, 4921 Parkview, St. Louis,
MO 63110

Admission free

Lids for Laughter is an interactive hat-making workshop at which free straw hats will be distributed and participants will have the opportunity to decorate a hat. Patients, caretakers, faculty, and staff will be encouraged to attend. No hat-making experience necessary! In addition, on view in the display window outside of the Barnard Health and Cancer Information Center will be hats made by each Siteman Cancer Center oncology team. Hat-making kits will also be distributed, along with educational materials, to social service partners, churches, and other community advocacy organizations.

workshop

Established in 1981, Southampton Healthcare specializes in Internal Medicine. David Prelutsky, M.D. and Catherine Williamson, FNP provide medical care to a diverse group of clients with a broad range of medical needs. Since the beginning of the AIDS epidemic 20 years ago, Southampton Healthcare has specialized in HIV medical treatment. The number and types of HIV therapies have exploded, requiring expert knowledge of drug interactions, resistance patterns, appropriate combinations, side effects, and tolerability. Southampton Healthcare also assists patients with navigating through the social maze of divulging their HIV status, sexuality issues, domestic abuse, menopause, pregnancy decisions, and child rearing.

ADDRESS 2340 Hampton Ave., St. Louis, MO 63139

INFORMATION 314.647.2200

38 Still Here: The Changing Art of Living with HIV

April 8–23, 2005: 11 am–5 pm, Tuesday–Sunday;
or by appointment

Charles Houska Gallery, 4728 McPherson Ave.,
St. Louis, MO 63108; 314.454.0959

Admission free

A public art project for the San Francisco Art in Transit program, *Still Here* was created to bring attention to people still living with HIV/AIDS. For the St. Louis exhibition, 14 images will be shown containing postcards, photographs, and narratives of people living with HIV/AIDS. Several additional works by Nancer Lemoins, an artist and printmaker living with HIV/AIDS since 1986, will also be displayed. Lemoins is a nationally known artist whose work has been highlighted in numerous books and publications, and has taught countless art classes and workshops. On April 8, join artist Nancer Lemoins and others for an opening reception from 6–8 pm.

exhibition

39 A Woman's Perspective: Attitudes for Surviving HIV in 2005

Moderated by artist Nancer Lemoins and Catherine Williamson, FNP, Southampton Healthcare

April 9, 2005, 10 am–12 pm

Mildred Lane Kemper Art Museum, Steinberg Hall, Washington University

Admission free

Five HIV positive women come together to share personal experiences, strengths, and approaches to everyday life. Despite the odds, HIV, drug addiction, sexual abuse, childbirth, menopause, death of loved ones, abandonment by media and the government, these women are STILL HERE, with attitudes to prove it!

Sponsors: The AIDS Foundation of St. Louis, Roche Pharmaceuticals, Beohringer-Ingelheim Pharmaceuticals, Abbot Laboratories, and Food Outreach (both events)

panel discussion

The Department of Art & Design in the College of Arts and Sciences is part of Southern Illinois University Edwardsville (SIUE).

ADDRESS Photography/Digital Imaging Area, Box 1774, Edwardsville, IL 62026
INFORMATION 618.650.3013 www.siu.edu/art

40 The Art of Illness: Examining the Biomedical Paradigm

January 3–27, 2005: 10 am–2 pm, Monday–Friday

Museum Gallery, Morris University Center, 2nd floor

Admission free

This multimedia art exhibition explores issues of illness and includes works by artists Deborah Bright, Karen La Vallee Norton, Samantha Krukowski, Valerie Mendoza, Ruth Adams, Nongyao Krapugthong, Brigham Dimick, and Mark Andres. *The Art of Illness* is organized by Steve Brown, professor of photography at SIUE.

exhibition

41 Queering Illness: Dr. Agnew and Me

Deborah Bright, professor of Photography and Art History,
Rhode Island School of Design

January 27, 2005, 5 pm

Atrium, Department of Art & Design

Admission free

Photographer, curator, and critic Deborah Bright is a widely published writer on photography and social issues. Her photographic work has been featured internationally in exhibitions at the Museet for Fotokunst, Denmark, the Institute for Contemporary Art, Boston, and the International Center of Photography, New York, to name just a few. Her work is included in numerous permanent collections including the National Museum of American Art. A former Bunting Fellow at Harvard, she has received awards from the National Endowment for the Arts, the National Endowment for the Humanities, the New England Foundation, and Art Matters. A closing reception for the related exhibition *The Art of Illness* will immediately follow the lecture.

lecture

Since its founding in 1989, That Uppity Theatre Company has grown into an internationally recognized company that puts the principles of cultural diversity into innovative theatrical practice. Uppity specializes in making work with underserved populations, including people with disabilities, women with cancer, GLBT youth, and seniors. Uppity fosters awareness of important social issues and appreciation for the arts, and encourages civic dialogue through the development and production of theatrical work and related cultural activities.

ADDRESS 4466 West Pine Blvd., Suite 13C, St. Louis, MO 63108

INFORMATION 314.534.1454 www.uppityco.com

33 Women's Bodies, Women's Lives

January 16, 2005, 2 pm

St. Louis Artists' Guild, 2 Oak Knoll Park,
St. Louis, MO 63105

January 21, 2005, 6:15 & 7 pm

Mildred Lane Kemper Art Museum, Steinberg Hall,
Washington University

Admission free

Choreographers Mary Ann Rund and Dawn Karlovsky, That Uppity Theatre Company, and senior women will present an original, short performance about aging at the opening receptions of two exhibitions: *Voices Within: Surviving through the Arts* at the St. Louis Artists' Guild, and *Inside Out Loud: Visualizing Women's Health in Contemporary Art* at the Mildred Lane Kemper Art Museum.

Sponsor: Regional Arts Commission

performance

University City East Health Protection and Education Services is a group of volunteer professionals including medical doctors, dentists, registered nurses, medical technicians, medical students, health educators, and many others who provide health screening, education, and treatment referrals for the St. Louis community.

ADDRESS 6403 Clemens Ave., St. Louis, MO 63120

INFORMATION 314.721.6133

42 Free Health Screenings

January 15, February 19, March 19, April 16, 2005

Registration 9–10:30 am

St. Louis County Library, 6701 Delmar Blvd.,
St. Louis, MO 63130

Admission free

On the third Saturday of each month, University City East Health Protection and Education Services provides no cost screenings for adults and youth for anemia, blood pressure, cholesterol, diabetes, hearing, heart and lung diseases, prostate cancer, and vision and glaucoma, among others.

Sponsors: Grants and support for University City East come from All Saints Parish, Biomedical Systems, Daughters of Charity Healthcare Foundation of St. Louis, Deaconess Foundation, Delmar-Harvard School, Fischer-Bauer-Knirps Foundation, Hill Charitable Trust, Mary Ann Lee, Moneta Foundation, St. Luke's Hospital, SEED, Square Foundation, Tzichu Foundation, St. Louis County Library, and private donors.

health event

Gallery 210 is the contemporary art gallery on the University of Missouri St. Louis campus dedicated to presenting the work of emerging, regional, and nationally known artists whose technical, philosophical, and aesthetic approach is unknown or rarely seen in the St. Louis metro region.

ADDRESS One University Blvd., East Drive, Building #44, TCC,
St. Louis, MO 63121

INFORMATION 314.516.5952 <http://umsl.edu/~gallery>

43 Jane Calvin: Sentences

January 13–February 12, 2005: 11 am–5 pm,
Tuesday–Saturday

Admission free

Chicago photographer Jane Calvin combines found text and images and inscribes these images over dresses and other forms that represent of women's bodies. Her photomontages address the confines of women's socialization and the emotional turmoil resulting from a culturally narrow definition of beauty and sexuality. A public reception will open the exhibition on January 13 from 5:30–7:30 pm.

44 Bea Nettles: Return Trips

February 24–April 23, 2005: 11 am–5 pm, Tuesday–Saturday

Admission free

Nationally noted photographer and educator Bea Nettles' recent photographic composite prints convey the poetic impact of certain landscapes upon the artist's life, and how these places continue to remain in memory, resurfacing at unexpected moments. A public reception will open the exhibition on February 24 from 5:30–7:30 pm.

Sponsors: Regional Arts Commission; Missouri Arts Council; Center for the Humanities at the University of Missouri St. Louis (both events)

exhibition | exhibition

Venus Envy is an organization driven by women whose mission is to positively affect everyone by empowering women through the arts.

ADDRESS c/o Ultra-Color, 1814 Washington Ave., St. Louis, MO 63104
INFORMATION 314.865.0181 www.venusenvy.org

45 Women's Health Defense Series

Claire "Cis" Hager, instructor

February 5 & 12, 2005, 10 am–2 pm

Mildred Lane Kemper Art Museum, Steinberg Hall,
Washington University

\$15 per event/\$25 series of two

Learn simple, effective techniques to nourish, nurture, and heal using the ancient Chinese healing art of Qigong to combat some of our greatest enemies that come from within: stress, breast cancer, and other health concerns of women. Since 1985, instructor Claire "Cis" Hager has been studying the martial art of Qigong and its complementary healing art, Taiji.

46 Martial Arts as Preventive Medicine

Alesia "Lee" Harvey, instructor, Kuk Sool Won St. Louis

February 7 & 21, 2005, 6:30–8:30 pm

The Club-Fitness Center, 1530 South Hanley Rd.,
St. Louis, MO 63144

\$15 per event/\$25 series of two

Martial arts training provides tools to combat health threats to women of all ages and empowers women to take control of their own health. This participatory series demonstrates that sometimes we need self-defense techniques for ourselves and from ourselves. Instructor Alesia "Lee" Harvey has practiced Kuk Sool Won since 1987, melding internal and physical techniques to accomplish a fluid and effective form of self-defense.

Venus Envy 2005 St. Louis

March 26, 2005, 7 pm–midnight

Location to be determined

\$5–\$10 suggested donation

In 2005, Venus Envy will celebrate its 7th annual festival of women's creativity in St. Louis. *Venus Envy 2005 St. Louis* is an all female multi-media art exhibition and celebration sure to dazzle the senses of all who attend. This spectacular cultural event featuring music, art, dancing, and food is open to the public and has expanded to include venues in sister cities Baton Rouge and Memphis.

Sponsor: Regional Arts Commission

Women have the health and well-being of our society in their hands. Generally, women prepare meals for the entire family, making decisions about menu planning and shopping. **We Can Do It! Women Working for Healthier Families** has been designed to speak directly to these women, providing education about good nutrition, encouraging them to make healthy decisions for their families, and empowering them with the knowledge that they will need to make permanent, positive changes in their lives and, by extension, the lives of their families with programs and events that are fun and inspiring. All proceeds from **We Can Do It!** will benefit the St. Louis Breast Cancer Coalition.

ADDRESS 205 North Central Ave., St Louis, MO 63105
INFORMATION 314.369.3734 www.wecandoit-stl.org

34 Ready, Set, Cook (No. 1 of 3)

January 10, 2005, 7:30 pm

L'Ecole Culinaire, 9811 South Outer Forty Dr.,
St. Louis, MO 63124

Limited seating available, please visit www.wecandoit-stl.org for information

See Siteman Cancer Center for more information.

Organized with the Siteman Cancer Center.

35 Ready, Set, Cook (No. 2 of 3)

February 4, 2005, 6 pm

St. Louis County Library, 6701 Delmar Blvd.,
St. Louis, MO 63130

Admission free

See Siteman Cancer Center for more information.

Organized with the Siteman Cancer Center.

36 Ready, Set, Cook: Wildly Light and Deliciously Low Fat (No. 3 of 3)

March 2, 2005, 7 pm

Holiday Inn Viking Center, 10709 Watson Rd.,
St. Louis, MO 63127

Admission free

See Siteman Cancer Center for more information.

Organized with the Siteman Cancer Center.

47 Snack Attack

Cindy Panian, Center of Creative Arts (COCA)

February 5, 2005, 1–3 pm

COCA, 524 Trinity Ave., St. Louis, MO 63130

\$30 per parent/child pair

In this hands-on cooking class, kids will learn to create delicious and healthy snacks like pizzas, wraps, and quesadillas. This class is geared to children in grades 4 to 6.

48 Parsley, Sage, and Thyme Together: A Parent and Child Cooking Class

Linda Pilcher, owner/caterer of Something Elegant Catering, and an herb expert from one of St. Louis' herb societies

February 19, 2005, 10 am–1 pm

Missouri Botanical Garden, Kemper Center

Admission TBD; please visit www.wecandoit-stl.org

Parsley, Sage, and Thyme Together is an interactive class presented at the Kemper Center at the Missouri Botanical Garden that will feature the potting and care of fresh herbs, ending with a cooking demonstration. This class will show that cooking together is a great way for families to support each other's healthy lifestyle choices.

49 Vegetarian Cooking

Cindy Panian, Center of Creative Arts (COCA)

February 19, 2005, 1–3 pm

COCA, 524 Trinity Ave., St. Louis, MO 63130

\$30 per parent/child pair

Join us for a hands-on cooking experience and discover fabulous recipes for vegetarian main dishes. This class is geared to children in grades 6 to 8.

50 Laugh It Off!

Joy Pape, certified diabetes nurse educator and president of Enjoy Life! Health Consulting, and Phyllis Shulman, professional comedian

February 24, 2005, 7 pm

Mildred Lane Kemper Art Museum, Steinberg Hall, Washington University

Admission TBD; please visit www.wecandoit-stl.org

Lighten up St. Louis! *Laugh It Off!* is performed by health education and comedy team Joy Pape and Phyllis Shulman, who use humor to address issues of obesity and encourage people to see weight loss as less of a burden. Joy Pape is a certified diabetes educator and Phyllis Shulman is an Emmy-nominated professional comedian who has appeared with Bill Murray. You can visit the exhibition *Inside Out Loud: Visualizing Women's Health in Contemporary Art* before or after the show. *Laugh It Off!* will also perform at the *Ready, Set, Cook* event on January 10, 2005.

51 Healthy Walk

April 17, 2005, 11 am–1:30 pm

Forest Park, Visitor's Center, Lindell Pavilion

Admission TBD; please visit www.wecandoit-stl.org

In partnership with Forest Park Forever, *We Can Do It!* hosts a walk through Forest Park. The event will begin with a warm-up at the Lindell Pavilion by physical trainers from 8300 Exercise, followed by a walk to the campus of Washington University and the Kemper Art Museum in Steinberg Hall to see the exhibition *Inside Out Loud: Visualizing Women's Health in Contemporary Art*. After light refreshments at the Kemper Art Museum, the walk winds back to the Lindell Pavilion. Bring a friend—it is always more fun to exercise with someone!

Sponsors: Commerce Bank, Whole Foods, Siteman Cancer Center, 8300 Exercise, Forest Park Forever, Sauce Magazine, Black Women's Health Network, COCA, Missouri Botanical Garden. Please check www.wecandoit-stl.org for a complete, updated list and links to the websites of our sponsors.